

LEE VALENTINE

CONTACT INFORMATION

E: lee.valentine@orygen.org.au

W: leemvalentine.com

P: they/them

EDUCATION

Ph.D. (2017 - Current)

The University of Melbourne - Melbourne, Australia

The engagement with and experience of social media-based interventions in youth mental health

Supervisors: Professor Mario Alvarez-Jimenez and Associate Professor Sarah Bendall

Product Management (2017)

General Assembly - Melbourne, Australia

Master of Social Work (2012)

La Trobe University - Melbourne, Australia

Bachelor of Arts (2009)

University of Melbourne - Melbourne, AUstralia

EMPLOYMENT HISTORY

Research Assistant - eOrygen, Digital Mental Health

Orygen (2015 - 2020)

- Recruit participants to take part in clinical trials
- Interview using multiple standardized clinical assessment tools
- Collect data & assist with data entry, verification, & data analysis
- Assist with the development of a management database
- Prepare high quality research outputs for publication
- Collect & synthesise data to inform the development of digital mental health interventions
- Prepare & submit ethics applications

Tutor - Master of Social Work Program

La Trobe University (2016-2017)

- Deliver course material
- Prepare & conduct tutorials
- Mark assessments in accordance with university policy
- Consult with students & respond to student enquiries
- Complete administrative functions in support of the course

Case Manager - Youth Programs

Whitelion (2013-2015)

- Develop, facilitate, & evaluate groups
- Conduct assessments
- Co-design support plans for young people
- Co-facilitate camps
- Provide support, & advocacy to young people & carers
- Maintain concise & accurate support plans & case notes
- Support volunteers to participate in activities
- Supervise social work masters students

Lead Mentor - Custodial Youth Justice Mentoring Program

Whitelion (2013-2014)

- Support young people in Parkville Youth Justice Centre by connecting them with positive adult role models from the community through group run activities
- Supervise & support volunteer mentors
- Design & facilitate group activities
- Evaluate programs & implement changes accordingly

Youth Project Worker - Same Sex Attracted & Gender Diverse Youth Program

Nexus Primary Health (2013-2014)

- Facilitate groups
- Build community networks & partnerships with schools & community organisations
- Deliver youth centered workshops designed to support health & well being

LEADERSHIP

Orygen Qualitative Research Alliance

Mission: To Advance Rigorous Qualitative Research Methods

- Launched & co-coordinated by Lee Valentine & A/Proff Sarah Bendall
- Facilitate quarterly meetings
- Organise guest speakers
- Foster connection & collaboration
- Build a digital resource collection
- Over 80 attendees in 2019

RECENT PUBLICATIONS

- D'Alfonso S, Phillips J, **Valentine L**, Gleeson J, Alvarez-Jimenez M. Moderated Online Social Therapy: Viewpoint on the Ethics and Design Principles of a Web-Based Therapy System. JMIR Mental Health 2019;6(12):e14866
- **Valentine, L.**, McEnery, C., D'Alfonso, S., Phillips, J., Bailey, E., & Alvarez-Jimenez, M. (2019). Harnessing the Potential of Social Media to Develop the Next Generation of Digital Health Treatments in Youth Mental Health. Current Treatment Options in Psychiatry, 1-12.
- Alvarez-Jimenez M, Bendall S, Koval P, Rice S, Cagliarini D, **Valentine L**, D'Alfonso S, Miles C, Russon P, Penn DL, Phillips J. HORIZONS trial: protocol for a randomized controlled trial of a moderated online social therapy to maintain treatment effects from first-episode psychosis services. BMJ open. 2019 Feb 1;9(2):e024104.

RECENT PRESENTATIONS

Experience of a Long-Term Social Media-Based Intervention in FEP Conference of Youth Mental Health	October 2019 Brisbane, Australia
Living Histories: Innovative Approaches to Oral History Oral History Victoria	June 2019 Melbourne, Australia
Phenomenological Qualitative Research in Digital Intervention . Swinburne Periscope Lab	May 2019 Melbourne, Australia
Horyzons Digital Intervention in First-Episode Psychosis International Society for Research on Internet Interventions (ISRII)	February 2019 Auckland, New Zealand
Altitudes Digital Intervention to Support Families in First-Episode Psychosis International Society for Research on Internet Interventions (ISRII)	February 2019 Auckland, New Zealand
Ph.D. Lightning Round Digital Age Symposium	January 2019 Melbourne, Australia
Young People's Subjective Experience of a Digital Mental Health Platform Mental Health Innovation Conference	January 2019 Hokkaido, Japan



DIGITAL EDITING SERVICE

Frank & Co. Readers (Launched 2019)

A manuscript assessment services

- Co-founder & director
- Feedback on narrative consistency, sensitivity, structural effectiveness, pacing, voice, characterization, readability, and reader satisfaction.

frankcoreaders.com

[@frankcoreaders](https://twitter.com/frankcoreaders)

PODCASTS

Crime Time | A Crime Fiction Podcast (2016-Current)

A Genre Fiction Podcast

- Co-host & producer
- Over 85,000 downloads world-wide
- 3,665 Twitter followers
- 11,000 individual visitors to website
- 1,509 Instagram followers
- Selected for iTunes 'new & noteworthy'
- Listed under "All Time Bestsellers" on iTunes

crimetimepod.com

[@crimetimepod](https://twitter.com/crimetimepod)

